

FREE

Vol. 29 Issue 31/18



Friday 3rd August - Thursday 9th August 2018



KINSALE ADVERTISER

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- Companies that want to relieve stress and create more time to grow by outsourcing the payroll to a professional team.

How Does It Work?

- Simply send your timesheet using excel or use your own specifically designed spreadsheet - sit back and we will do the rest.
- We will provide you with reports detailing costings etc.
- We also provide payslips which can be emailed or printed.

What Reports Will I Receive?

- We can provide all reports that will meet your company's needs.
- Reports that will compare week to week payroll costs.
- Reports such as payroll summary, hours worked, overtime, holiday pay etc.

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Tony has a very understanding and caring approach to nervous patients. His focus is on patient education to promote optimal dental health and helping everyone to love their smile.

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IRISH EXAMINER Restaurant review. Joe McNamee. 18/03/2017



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#play
#love

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TUES: CLOSED

WEDNES: 10AM - 10PM

THURS: 10AM - 10PM

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SAT: 10AM - 10PM

SUN: 10AM - 10PM

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New Summer Menu

Served until 10pm each evening.

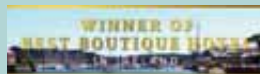
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SUNDAY 5th AUGUST 2018 @ 11am

Starting
at the Bulman
and ending with
the Party on
the Pier



Party on the Pier with
**DJ ANTHONY
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Pic: John Allen

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- Theatre Performance/Drama
- Healthcare
- Art
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*Friday
31st August*

10am–2pm

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LEVEL**

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- Film & TV Production
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Acting Course
- Sustainable Horticulture/
Permaculture
- Health Service Supervisory
Management
- Art



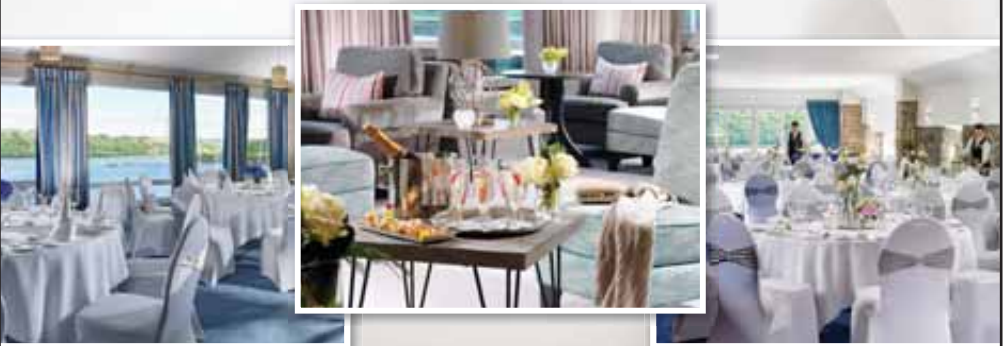


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E: derek@kinsaletechnologies.com T: 087 7548861

www.kinsaletechnologies.com Offer closes end of 31st August 2018





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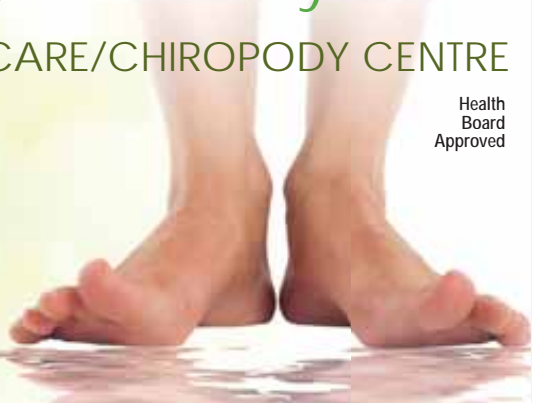
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Pain Management / Rehabilitation / Functional Exercise



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- Shoulder Pain/Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
- Hip Pain/Discomfort/Problems
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- Strains/Sprains
- Sports Injuries/Recovery
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- Connective Tissue Repair
- Muscular Disorders/Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

By appointment: **Sabine Graef** (BEd., SMT, NMPT)

Mobile **087 9872783**

No. 26 Haven Bay Apt, Ballinacubby, Kinsale

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START THE WILD ATLANTIC WAY AT KINSALE REGATTA FESTIVAL 2018

AUGUST 1st - 11th

Friday August 3rd

- 7.30pm: Riverstick AC & Kinsale Tri-Club Regatta Road Race from Kinsale GAA.
- 8.00pm: Music on stage at the Plaza, Short Quay by Michael Ahern.

Saturday August 4th

- 11.00am: Children's & Adult's Swim At Sandycove.
- 11.00am: Round the Island Swim.
- 2.00pm: Childrens Rowing & Kayaking from the middle slip.
- 8.00pm: DJ Seamus Corkery on stage at the Plaza, Short Quay.

Sunday August 5th

- 11.00am: R.N.L.I. Raft Race. The Bulman to the Pier.
- 1.30pm: R.N.L.I. Kinsale Lifeboat "Open Day" at Lifeboat Station, Worlds End.
- 2.00pm: Sailing Regatta.
- 3.00pm: Activities on the Pier including Custom Dog Display, Children's Activities and "Landlubbers" Boat Race.
- 7.00pm: Children's/Adult's Fancy Dress Parade, starting at Car Park on New Road.
- 8.00pm: Music at the Plaza, Short Quay with "ZAP CATS".
- 10.15pm: Monster Fireworks Display from Castlepark.

Monday August 6th

- 11.00am: Children's Races & GAA Skills Competition (Kinsale GAA Pitch).
- 2.00pm: New Major Event: Sailablity for the 1854 Corinthian Cup.
- 3.30pm: Water Carnival - Events for all ages including Inter-Pub Pillow Fighting & Greasy Pole.
- 8.00pm: Traditional Irish Music with "Irish Weavers" at the Plaza, Short Quay.

Tuesday August 7th

- 7.30pm: Emigrants' Welcome Home Gathering (Temperance Hall).

Wednesday August 8th

- 7.30pm: Adults' Boules Finals (Town Park).

Thursday August 9th

- 7.00pm: GAA Underage Blitz for Boys and Girls (GAA Grounds).

Saturday August 11th

- 7.00pm: Children's Open Boules Competition at Town Park.

See Regatta Programme for full details of events, sponsors, etc.

Note: Times of events may be subject to change.

222 YEARS

WILD ATLANTIC WAY
SLI AN ATLANTAIGH FHAIN



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THE SILENT BANJO



Main Street,
Kinsale

*BEST OF LUCK TO THE
KINSALE REGATTA WEEKEND*

Friday 3rd August
Rambling Weavers 10pm

Saturday 4th August
Fiona Kennedy 10pm

Sunday 5th August
The Hatricks 10pm

Monday 6th August
Rambling Weavers 5.30pm

Tuesday 7th August
Brendan McCarthy 8pm

Thursday 9th August
Damien Coughlan 8pm

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Friday 3rd August, 10pm

JUG A PUNCH

Saturday 4th August, 10pm

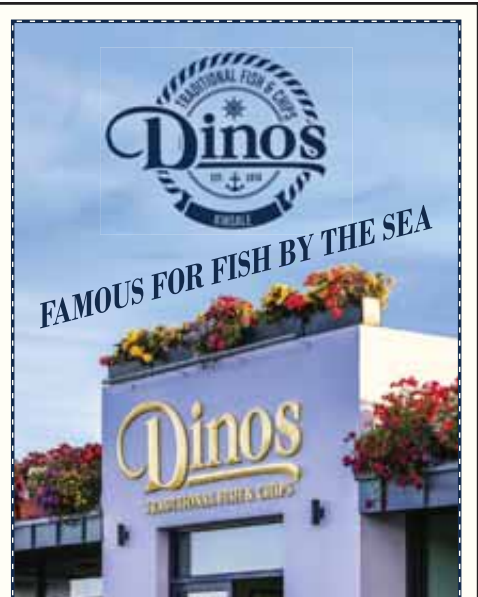
FOR FOLK SAKE

Sunday 5th August, 10pm

EIST

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MIGHTY MEN**

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SATURDAY 4th AUGUST 10.30pm

I-FUNK

4 Piece Funk, Rock & Soul

SUNDAY 5th AUGUST 10.30pm

KING K

5 Piece Rockin' Covers

Bacchus Nightclub

SATURDAY 4th AUGUST

DJ SEAN

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SUNDAY 5th AUGUST

DJ MARK

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*Wishing the Kinsale Regatta
Festival the best of luck!*

Live Music 4 Nights A Week

Fri 3rd Aug SEAN & EUGENE 10.30pm
From The Jive Kings

**Sat 4th Aug The Fabulous
GRAINNE RYAN** 10.30pm

Sun 5th Aug ELLIE AHERN 6.30pm-7.30pm
First performance at Sam's!

PAT CAREY 10pm

Mon 6th Aug BEN DILLON 9pm

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WHAT'S ON IN KINSALE & DISTRICT

**Kinsale Regatta
 FRI 3rd AUGUST**

ARMADA:

Live music.

BANDON CO-OP:

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BLACKS BREWERY

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1.30pm, 3pm.

BLUE HAVEN:

Niall McCabe & Friends,
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HERITAGE TOWN WALK:

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HISTORIC STROLL:

9.15am, 11.15am
 from the Tourist Office.

FOLKHOUSE:

Ben & The Mighty Men,
 10.30pm.

HAMLETS:

Peadar O'Callaghan,
 9pm

KINSALE

HARBOUR CRUISES:

12pm, 2pm, 3pm,
 4pm & 5pm.

KINSALE MEAD CO.

TOUR & TASTING:

1pm, 3pm, 5pm.

KINSALE REGATTA:

7.30pm: Regatta
 Road Race, from
 Kinsale GAA Grounds.
 Prize-giving afterwards
 at Temperance Hall.
 8pm: Music with Michael
 Ahern at Short Quay.

SAM'S BAR:

Sean & Eugene from
 the Jive Kings, 10.30pm.

SILENT BANJO:

Rambling Weavers, 10pm.

SPANIARD:

Jug A Punch, 10pm.

Kinsale Regatta

SAT 4th AUGUST

ARMADA:

Live music.

BACCHUS

NIGHTCLUB:

DJ Sean, 11.30pm.

BLACKS BREWERY

TOUR:

1.30pm, 3pm.

BLUE HAVEN:

Adrian Kenny &

Leann Constant, 10pm.

DERMOT RYAN'S

HERITAGE TOWN WALK:

10.30am, Tourist Office.

DON & BARRY'S

HISTORIC STROLL:

9.15am, 11.15am
 from the Tourist Office.

FOLKHOUSE:

I-Funk, 10.30pm.

HAMLETS:

DJ Niall, 10pm.

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CRUISES:

12pm, 2pm, 3pm,
 4pm & 5pm.

KINSALE MEAD CO.

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1pm, 3pm, 5pm.

KINSALE REGATTA:

11am: Children's/Adult's
 Swim at Sandycove.

11am: Round the Island
 Swim.

2pm: Children's Rowing
 & Kayaking from the
 middle slip.

8pm: DJ Seamus
 Corkery at Short Quay.

SAM'S BAR:

The fabulous
 Grainne Ryan, 10.30pm

SILENT BANJO:

Fiona Kennedy, 10pm.

SPANIARD:

For Folk Sake, 10pm.

WHITE HOUSE:

Live Lees, 10.30pm.

Kinsale Regatta

SUN 5th AUGUST

ARMADA: Live music.

BACCHUS NIGHTCLUB:

DJ Mark, 11.30pm.

BLUE HAVEN:

Crazy Chester, 10pm.

WHAT'S ON IN KINSALE & DISTRICT

Wishing the Kinsale Regatta Festival every success

CAR BOOT SALE:

Belgooly GAA Pitch,
11am-3pm.

DERMOT RYAN'S

HERITAGE TOWN WALK:

10.30am, Tourist Office.

DON & BARRY'S

HISTORIC STROLL:

11.15am from
the Tourist Office.

FOLKHOUSE:

King K, 10.30pm.

HAMLETS:

Bubble-Up - Jamaican
Independence Special
4pm-10pm.

DJ Dennis, 10pm.

KINSALE BAPTIST

CHURCH:
11am, Temperance Hall.

KINSALE HARBOUR

CRUISES:

12pm, 2pm, 3pm,
4pm & 5pm.

KINSALE MEAD CO.

TOUR & TASTING:

1pm, 3pm, 5pm.

KINSALE REGATTA:

11am: RNLI Raft Race,
The Bulman to the Pier.
Party on the Pier after
with DJ Anthony 'Glasto'
Collins.

1.30pm: RNLI Kinsale
Lifeboat Open Day.

2pm: Sailing Regatta.

3pm: Activities on the
Pier: Custom Dog Display,
Children's Activities,
"Landlubbers" Boat Race.

7pm: Children's/Adult's
Fancy Dress Parade,
New Road Car Park.

8pm: Music with ZAP CATS
at Short Quay.

10.15pm: Monster
Fireworks Display
from Castlepark.

SAM'S BAR:

Ellie Ahern's first
performance at Sam's,
6.30pm - 7.30pm.
Pat Carey, 10pm.

SILENT BANJO:

The Hatricks, 10pm.

SPANIARD:

Eist, 10pm.

WHITE HOUSE:

Loose Change, 10.30pm.

Kinsale Regatta

MON 6th AUGUST

ARMADA: Live music.

BLUE HAVEN:

Traditional Irish Music
with Arundo, 9pm.

DALTON'S BAR:

Trad.

DERMOT RYAN'S

HERITAGE TOWN WALK:

10.30am, Tourist Office.

DON & BARRY'S

HISTORIC STROLL:

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applications for
Bioprocessor Operator.

HAMLETS:

Old No. 7, 6.30pm.

KINSALE

HARBOUR CRUISES:

12pm, 2pm, 3pm,
4pm & 5pm.

KINSALE REGATTA:

11am: Children's Races
& GAA Skills Competition
at Kinsale GAA Club.

2pm: New Major Event:
Sailability for the 1854
Corinthian Cup.

3.30pm: Water Carnival:
Events for all ages incl.
Inter-Pub Pillow Fighting
and Greasy Pole.

8pm: Traditional Irish
Music with Irish Weavers
at Short Quay.

SAM'S BAR:

Ben Dillon, 9pm.

SILENT BANJO:

Rambling Weavers,
5.30pm.

'SHAKESPEARE ON

TRIAL' CAMP:

Kinsale Commercial Park.
2pm - 6pm.

superstarsstageschool.com

SUPERSTARS &

LEGO CAMP:

Kinsale Commercial Park.
9.30am - 1.30pm.
superstarsstageschool.com
thegreenroomsork.com

TUES 7th AUGUST

ARMADA:

Live music.

BABY & TODDLER GROUP:

Temperance Hall,
10am-12 noon.

BLACKS BREWERY TOUR:

1.30pm, 3pm.

BLUE HAVEN:

Sonny & Friends, 9pm.

DALTON'S BAR:

Trad Singalong.

DERMOT RYAN'S

HERITAGE TOWN WALK:

10.30am, Tourist Office.

DON & BARRY'S

HISTORIC STROLL:

9.15am & 11.15am
from the Tourist Office.

KINSALE ART ACADEMY:

Summer 4 Day

Art Camp.

10am-12.30pm for

Younger Children,

2pm-4.30pm for

Older Children.

Call Liz 087 7532956 or

Louise 087 7718023

KINSALE BRIDGE CLUB:

Trident Hotel, 7.20pm.

Visitors welcome.

KINSALE HARBOUR

CRUISES:

12pm, 2pm, 3pm,
4pm & 5pm.

KINSALE MEAD CO.

TOUR & TASTING:

1pm, 3pm, 5pm.

KINSALE REGATTA:

7.30pm: Emigrants'

Welcome Home

Gathering at

Temperance Hall.

SILENT BANJO:

Brendan McCarthy, 8pm.

WED 8th AUGUST

ARMADA:

Live music.

BLACKS BREWERY TOUR:

1.30pm, 3pm.

BLUE HAVEN:

Niall McCabe, 9pm.

DALTON'S BAR:

Traditional Irish music.

DERMOT RYAN'S

HERITAGE TOWN WALK:

10.30am, Tourist Office.

DON & BARRY'S

HISTORIC STROLL:

9.15am & 11.15am
from the Tourist Office.

HAMLETS:

Mike O'Riordan, 9pm.

KINSALE HARBOUR

CRUISES:

12pm, 2pm, 3pm,
4pm & 5pm.

KINSALE MEAD CO.

TOUR & TASTING:

1pm, 3pm, 5pm.

KINSALE REGATTA:

7.30pm: Adults' Boules

Finals at Town Park.

WHITE HOUSE:

Two of a Kind, 9pm.

THUR 9th AUGUST

AGE ACTION COMPUTER

COURSE FOR OVER 55s:

Temperance Hall,

11am-1pm.

ARMADA:

Live music.

BLACKS BREWERY

TOUR:

1.30pm, 3pm.

BLUE HAVEN:

Traditional Irish Music
with Arundo, 9pm.

DALTON'S BAR:

Trad.

DERMOT RYAN'S

HERITAGE TOWN WALK:

10.30am, Tourist Office.

DON & BARRY'S

HISTORIC STROLL:

9.15am & 11.15am
from the Tourist Office.

HAMLETS:

Niall McCabe, 9.30pm.

KINSALE HARBOUR

CRUISES:

12pm, 2pm, 3pm,
4pm & 5pm.

KINSALE MEAD CO.

TOUR & TASTING:

1pm, 3pm, 5pm.

KINSALE REGATTA:

7pm: GAA Underage Blitz

for Boys and Girls

at GAA Grounds.

O'CONNOR'S

PHARMACY:

Clarins Promotion in-store
until 22nd August.

SILENT BANJO:

Damien Coughlan, 8pm.

WHITE HOUSE:

Two of a Kind, 9pm.

VICTORIA ANTIQUES

CORK

Best of luck to The Kinsale Regatta Festival 2018



NOW IN STOCK

Fantastic selection of
Antique, Art Deco, Vintage
and Contemporary
Diamond and Coloured
Stone Jewellery.

Trade in your old jewellery
or have it remodeled to
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dreams.

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12.00pm - 5.00pm

FREE VALUATIONS FOR PROBATE & INSURANCE
FOR THE MONTH OF AUGUST



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